Recreation Services

Policy Title | **Appropriate Attire**
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Policy | All users of the Student Recreation Center are required to wear appropriate clothing. Users must wear clothing that covers the sides/torso, midriff, breasts, buttocks, genitals, pubic region, and feet.

Scope | All users of the Student Recreation Center

Purpose | The policy exists to help maintain a consistent environment that is welcoming, inclusive and safe for all users of the Student Recreation Center.

Definitions

- **Appropriate clothing** – term used to identify clothing that covers the sides/torso, midriff, breasts, buttocks, genitals, pubic region and feet
- **Shirt** – any t-shirt, tank top, or sleeveless piece of clothing that fully covers the sides/torso and midriff
- **Shorts** – any piece of clothing that exposes the legs but still fully covers the buttocks, genitals, and pubic region.
- **Sports bra** – an undergarment designed for extra support and protection during sports and recreational activities
- **Swim attire** – clothing manufactured specifically for swimming and aquatic activities
- **Minimalist shoes** – low profile shoes that cover the toes, sole and heel of the foot (i.e., Vibram 5-finger shoes)
- **Open toed shoe** – any shoe that does not cover the toes (i.e., sandals and flip-flops)
- **Open heeled shoe** – any shoe that does not cover the back or heel of the foot (i.e., sandals with or without a heel strap, some clogs and flip flops)
- **Non-Marking** – a shoe designed with a sole that will not leave rubber streaks on activity surfaces

Procedure:
All users of the Recreation Center are expected to adhere to the Appropriate Attire guidelines while utilizing all areas within the facility. The following items are illustrative of appropriate and inappropriate user attire:

**Shirts:**
- Shirts must be worn in all areas with the exception of the locker rooms and in the Aquatic Complex
- Shirts must fully cover the sides/torso and midriff. Below are examples of appropriate and inappropriate shirts:
  - Appropriate – short and long sleeved t-shirts, tank tops, and sleeveless shirts
  - Inappropriate – sports bras, and short tank tops used as a sole outer layer of clothing

**Shorts:**
- Shorts may be worn anywhere within the facility
  - Appropriate – shorts that expose the legs while still fully covering the buttocks, genitals and pubic region
  - Inappropriate – shorts that do not fully cover the buttocks, genitals, and pubic region
Footwear:
- Athletic or sport specific shoes (i.e., climbing shoes) must be worn in all activity areas
- An exception is allowed for users participating in during facilitated mind/body group exercise classes and those in the locker rooms and Aquatic Complex
- Shoes worn on any wood floor must have a non-marking sole
  - Appropriate – closed toed and closed heeled athletic or sport/activity specific shoes that have non-marking soles (minimalist shoes that meet this criteria are allowed)
  - Inappropriate – sandals, high-heeled shoes, flip-flops, and clogs (Exception-users of the Aquatic Complex and Climbing Gym)

Appropriate Swim Attire:
- Users are required to wear clothing designed and manufactured for swim specific activities when the pools within the Aquatic Complex.
  - Appropriate – one and two piece bathing suits, board shorts, wet suits and rash guards that cover the buttocks, genitals, pubic region and breasts for females.
  - Appropriate – clean mesh athletic shorts may be worn over a manufactured swimsuit that meets aforementioned guidelines for appropriateness
  - Inappropriate – street clothes, sports bras, undergarments, cotton shorts, cotton shirts, jeans, and any see through swimwear

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Policy/Procedures Authorized by: __________________________  __________________________
Unit Staff  Date

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Policy/Procedure Committee Chair  Date

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Director  Date