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We embrace the richness of human difference that strengthens a living and learning environment. We ask you to participate in fostering this spirit, which enables all people to engage in the life of our community. Any expression of disrespect is inconsistent with our ideal of preserving human dignity. SHOW RESPECT, GIVE DIGNITY!
Welcome to the Intramural Sports Program

We would like to thank you for your interest in the Intramural Sports Program at Boise State University. The Intramural Sports Program strives to meet the mission of Campus Recreation and Boise State University by offering 28 activities throughout the academic year.

## PURPOSE OF THE HANDBOOK

This manual is designed to serve as an informative and procedural reference for persons involved or interested in participating in activities sponsored by the Intramural Sports Program. The policies and procedures outlined in this manual are the result of many years of recreational activities at Boise State University, and are designed to provide you with a flexible, yet structured, environment in which to participate. It is the responsibility of those who participate in the Intramural Sports Program to be knowledgeable of the information contained in this manual.

Campus Recreation would like to remind you that since participation in Intramural Sports is on a voluntary basis, neither Boise State University nor Campus Recreation will accept responsibility for injuries sustained while participating in Intramural Sports. We strongly suggest that any participant not currently covered by a health and accident insurance policy obtain coverage prior to participating.

## SPIRIT OF COMPETITION

Sporting activities find their origin in the basic human need for the spirit of play. Winning and losing are mere outcomes of this play spirit. Abusive language toward officials and manipulation of the rules are not part of the game. However, the pure satisfactions of participation, getting fit, and enhancing friendships are part of the game.

### Fall 2014

<table>
<thead>
<tr>
<th>Sport (Divisions)</th>
<th>Entry Period</th>
<th>Manager’s Meeting</th>
<th>Game Days</th>
<th>Play Begins</th>
<th>Entry Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flag Football League (C,M,W)</td>
<td>Aug. 25 - Sept. 2</td>
<td>Thurs, Sept. 4, 4:30p</td>
<td>Sun - Thurs</td>
<td>Sept. 7</td>
<td>$80</td>
</tr>
<tr>
<td>Sand Volleyball League (C)</td>
<td>Aug. 25 - Sept. 2</td>
<td>Thurs, Sept. 4, 4:00p</td>
<td>Mon &amp; Thurs</td>
<td>Sept. 8</td>
<td>$40</td>
</tr>
<tr>
<td>Tennis Tournament (M,W)</td>
<td>Sept. 1 - Sept. 9</td>
<td>Thurs Sept. 11, 4:00p</td>
<td>Sat</td>
<td>Sept. 13</td>
<td>$5</td>
</tr>
<tr>
<td>Toilet Bowl Tournament ©</td>
<td>Sept. 1 - Sept 9</td>
<td>Thurs, Sept. 11, 4:30p</td>
<td>Mon</td>
<td>Sept. 15</td>
<td>$25</td>
</tr>
<tr>
<td>Bowling League (Open)</td>
<td>Sept. 15 - Oct. 7</td>
<td>Thurs, Oct. 9, 4:00p</td>
<td>Wed</td>
<td>Oct. 15</td>
<td>Free</td>
</tr>
<tr>
<td>Table Tennis Tournament (M,W)</td>
<td>Oct. 27 - Nov. 4</td>
<td>Thurs, Nov. 6, 4:00p</td>
<td>Sun</td>
<td>Nov. 9</td>
<td>$5</td>
</tr>
</tbody>
</table>

*Divisions Offered: C - Corec, M - Men’s, W - Women’s*
Without your opponents, you have no game, no contest, and no fun. You are indebted to them, as they are to you. The spirit of play then is based upon cooperation. Upholding high standards of integrity and fair play acknowledges the idea of cooperative competition. All participants are encouraged to exercise good judgment in caring for the safety of others as well as themselves.

At Boise State, an intentional foul is considered cheating and a gross offense against the spirit of competition. The goal of lifetime sports for all participants may have more meaning than that of a win or loss, the memory of which often fades quickly. All participants are asked to play within the context of this spirit of competition.

CONTACT INFORMATION

Campus Recreation General Line 426-1131
Jared Cox Assistant Director-Recreational Sports 426-5643
Sophie Rattray Graduate Assistant for Intramural Sports 426-5670
Lisa Stuppy Director of Campus Recreation 426-1592

Campus Recreation Website http://rec.boisestate.edu

REGISTRATION PROCEDURE

The Intramural Sports Program uses an online registration process for all individual and team registration through IMLeagues, an organization specializing in the management and administration of intramural sports throughout the nation. Follow the instructions below to register.

How to Register

1. First time participants should log onto http://imleagues.com/Registration.aspx and create an account.
2. If you have already set up your account, skip this step and go directly to the school homepage for Boise State. Mark this page for future use.
3. Click on the sport icon you wish to sign up for, or join a team.
4. Click on the day and time of the league for which you wish to register.
5. Click on "Create a Team" or "Join a Team."
6. Complete the necessary information and agree to the terms and conditions set forth by Boise State University.
7. Click on "submit". Once the site has processed individual registration information, players are automatically directed to their team’s homepage.
8. From the team homepage, roster additions may be made (each player must have a profile on the school home page for Boise State in order to be added to a roster).
9. Once the registration deadline passes for a particular sport, schedules will be generated and posted on your team’s IMLeagues page.
Important
Once a registration is submitted for any sport, payment MUST be received at the Student Recreation Building within 48 hours. **Teams not paying within this time frame will be dropped from the sport.**

Free Agent
The Intramural Sports Program does not place individuals on specific teams. However, a Free Agent List is made available for teams interested in acquiring more players. Those individuals who sign up on the Free Agent List are encouraged to attend the Manager’s Meeting. At this time, teams in need of players and players in need of a team are offered the opportunity to contact one another in person.
- The Free Agent List is located at the Customer Service desk inside the Student Recreation Center. Fill out your name, the league you wish to participate in, email address, and phone number.

**DIVISIONS OFFERED/ COMPETITION LEVELS**

**Corec** - Teams may consist of undergraduate and graduate students, faculty/staff, alumni and spouses/partners with a current Campus Recreation membership. Teams are required to follow the specific sport rules regarding the number of male and female participants.

**Men’s** - Teams may consist of male undergraduate or graduate students, male faculty/staff members, male spouses/partners and male alumni with a current Campus Recreation membership.

**Women’s** - Teams may consist of female undergraduate or graduate students, female faculty/staff members, female spouses/partners and alumni with a current Campus Recreation membership.

**Blue** - The competition in this league is considered to be more advanced and often attracts highly skilled players.

**Orange** - Competition in this league is for moderately skilled players.

**Buster Bronco** - Social in nature and for novice players. The Buster Bronco League will only be offered for the men’s flag football and basketball league.

**PLAYER ELIGIBILITY**
All participants must show their Boise State Identification Card to the Intramural Supervisor or another type of Identification Card to an Official prior to each contest. Eligibility status is the responsibility of each individual participant and the Team Manager. Campus Recreation does not assume responsibility for the eligibility of participants, but will assist in the interpretation of the rules and investigate cases brought to its attention. The Intramural Sports Program reserves the right to check eligibility when deemed appropriate.
Individuals may not participate on more than one team in any particular league (e.g. 2 co-rec teams, 2 men’s teams, 2 women’s teams). Individuals may participate on one men’s or one women’s team and one co-rec team.

**Individuals Able to Participate**

**Full-Time Students** - Currently enrolled Boise State University full-time students (12 or more credit hours).

**Part-Time Students** - Currently enrolled Boise State University part-time students (less than 12 credit hours) provided they have purchased a Campus Recreation membership.

**Faculty/Staff** - Currently employed Boise State University faculty and staff that have purchased a Camps Recreation membership.

**Alumni** - Members of the Boise State University Alumni Association that have purchased a Campus Recreation membership.

**Spouses and Partners** - Spouses and partners of currently enrolled students and currently employed faculty and staff members provided they have purchased a Campus Recreation membership.

**Dependents** - Dependents of students, faculty and staff are NOT eligible to participate in the Intramural Sports Program.

**Intercollegiate Athletes** - Any person who has practiced or competed with an intercollegiate squad for more than 10 days shall NOT compete on an intramural team in that sport or in a related sport during that academic year.

Related activities are:
- Varsity Basketball - Basketball, 3 on 3 Basketball
- Varsity Football - Flag Football, Toilet Bowl, 4 on 4 Football
- Varsity Golf – Golf
- Varsity Soccer - Indoor Soccer, Soccer
- Varsity Softball – Softball
- Varsity Tennis – Tennis
- Varsity Volleyball - Sand Volleyball, Volleyball, 4 on 4 Volleyball, Wallyball

Former collegiate letter winners shall be eligible to participate in the Intramural Sports Program provided that at least one entire semester has elapsed since the termination of participation with an intercollegiate team. No more than one Division I letter winner may participate on an intramural team in his/her lettered sport. Teams containing a former letter winner at any collegiate level must compete in the most competitive league offered for that sport.

**Club Sport Members** - Club Sport members shall be eligible for participation in the Intramural Sports Program in the sport or related sport of membership. However, only two Club Sport members, male or female, shall be listed on an intramural team roster for participation in that particular sport or related sport. A Club Sport member is defined as anyone who has participated in one or more competition with that club.
Related activities are:
- Club Baseball – Softball
- Club Bowling – Bowling
- Club Soccer - Indoor Soccer, Soccer
- Club Softball – Softball
- Club Volleyball - Volleyball, 4 on 4 Volleyball, Sand Volleyball, Wallyball

TEAM ROSTERS
Team rosters are frozen after the second week of the regular season has been completed. Team Manager’s can add/subtract players from their roster anytime before the second week has been completed on the IMLeagues website. After the second week of play has been completed, all players must be registered on their team’s roster.

SCHEDULING

Leagues - The regular season consists of four games in four weeks followed by a single elimination tournament.

Tournaments - Tournament formats may vary and are dependent upon the number of entries received. Typical formats include single and double elimination as well as round robin tournaments. Tournaments are one to two days long depending on registrations.

Location of Schedules - Schedules will be posted at imleagues.com/BoiseState. You will be able to print a schedule from the site.

Refunds - In order to receive an entry fee refund, a team must withdraw from a sport prior to the Manager’s Meeting. Also, a refund will be granted to a team/participant if the minimum number of teams/participants to start a league/tournament has not been reached.

Rescheduling Procedure - In the event an intramural contest is postponed due to weather, the Intramural Sports Office will try to reschedule the game. However, there may be instances when the Intramural Sports Office will be unable to reschedule contests due to time and space limitations. In such instances, each team will receive a “win” for that contest.

Should a team be unable to participate in a scheduled contest, a request to reschedule may be made. In order to request the rescheduling of a contest, the Team Manager must talk personally with the Graduate Assistant for Intramural Sports at least 72 hours prior to the scheduled contest. Both Team Managers will be contacted regarding possible rescheduling times. In the event that no time can be agreed upon, the team submitting the rescheduling request will be given a default for said contest. For an explanation of defaults, please see below.

Default - Should a team be unable to participate in a scheduled contest, a default shall be assessed when a team contacts the Graduate Assistant for Intramural Sports (426-2305) no later than 3:00 pm on the business day prior to the contest. For contests scheduled to be played on the weekend (i.e. Saturday or Sunday) default requests must be made no later than 3:00 pm on the preceding Friday.

Forfeit - A team who fails to appear at their scheduled contest or are unable to produce enough
players to field a team according to the rules of the involved sport will be assessed a forfeit. A 5-minute grace period from the scheduled starting time will be allowed before a forfeit is declared. The supervisor's watch is the official time for all contests.

FORFEIT FEE POLICY
If a team is assessed a forfeit during team league play, the team manager will be fined a $30 forfeit fee. If a team is assessed a forfeit during tournament play, the team manager will be fined $20 forfeit fee. The fee must be paid in full at the Customer Service Desk. If the forfeit fee has not been paid within 30 days of the forfeit, the team manager’s Campus Recreation pass will be suspended until the fine is paid in full. A team’s second forfeit will result in a team being dropped from the league and postseason play.

TEAM SPORTSMANSHIP RATING
The Intramural Sports Program has developed a Sportsmanship Rating System that is intended to be an objective scale where officials evaluate attitude and behavior throughout the game. After each game, the officials will rate each team on how well they acted before, during, and after each intramural game. To be eligible for the playoffs, each team needs to achieve a 3.5 or better out of 5 average throughout the sport season. Officials will dock points off for foul language, fighting with the opposing team and spectators, and harassing the officials.

Each Team Manager is responsible for educating and informing all players and spectators affiliated with his/her team about the system. To encourage acceptable conduct before, during, and after intramural contests, Intramural Officials, Supervisors and/or other staff members shall make decisions whether to warn, penalize, or eject persons and/or teams for poor sporting behavior. The Intramural Sports Program staff reserves the right to review and/or change any sportsmanship rating given. Team Sportsmanship Rating information will not be provided at the contest site. Managers inquiring about their team’s sportsmanship rating should do so the business day following the contest by contacting the Graduate Assistant for Intramural Sports (426-2305).

The Sportsmanship Rating System is based on the following criteria:

5- Excellent Conduct and Sportsmanship - Players cooperate fully with the officials and other team members. The captain calmly converses with officials about rule interpretations and calls. The captain also has full control of his/her teammates. Teams that win by forfeit will receive a “5.”

4- Good Conduct and Sportsmanship – Team members verbally complain about some decisions made by the officials and/or show minor dissension, which may or may not merit a yellow card (soccer), unsportsmanlike flag (flag football), technical foul (basketball). Teams that receive 1 yellow card, unsportsmanlike flag or technical foul will receive no higher than a “4” rating.

3- Average Conduct and Sportsmanship – Team shows verbal dissent towards officials and/or the opposing team, which may or may not merit a yellow card, unsportsmanlike flag or technical foul. Captain exhibits minor control over his/her teammates, but is in control with
himself/herself. Teams receiving multiple yellow cards, unsportsmanlike flags or technical fouls will receive no higher than a “3” rating.

2- Below Average Conduct and Sportsmanship – Teams constantly comment to the officials and/or the opposing team from the field and/or the sidelines. The team captain exhibits little or no control over teammates and/or himself/herself. A team which receives one red card or ejection can receive no higher than a “2” rating.

1- Poor Conduct and Sportsmanship – Team is completely uncooperative. Captain has no control of teammates, and/or himself/herself. A team which receives multiple ejections can receive no higher than a “1” rating.

0- Unacceptable Conduct and Sportsmanship -- Individuals/teams participated after the consumption of alcohol or drugs. If the contest has begun when discovered, the player or players will be immediately removed from the facility, and the contest will be forfeited to the opponent. Participant(s) threatened (verbal or non-verbal) a University Health and Recreation Services employee or participant/spectator during or after the contest. Team members failed to cooperate with Intramural Sports Program staff/university officials while performing their duties or falsely represented or withheld any information requested. Any team that receives an "Unacceptable Conduct and Sportsmanship" rating must have their Team Manager meet with the Graduate Assistant for Intramural Sports to determine their team’s eligibility to play their next contest.

PLAYOFF ELIGIBILITY
In order to be eligible to compete in playoff competition, teams must meet all of the following criteria:

1. Payment of Registration Fee
2. Attendance at the Manager’s Meeting.
3. A team may not have more than one forfeit or two defaults.
4. A team needs to average a 3.5 or better out of 5 in Team Sportsmanship Rating.
5. A team must have two or more wins to qualify (new policy).
   - If there are 8 or less teams in a league, criteria #4 will not exist.

INJURY AND BLOOD POLICY
Participation in the Intramural Sports Program is voluntary. Individuals participate at their own risk and assume responsibility for their own health and safety. Intramural Supervisors, First Aid and CPR certified personnel, will be on hand for all intramural contests.

The following is the Campus Recreation policy for bleeding during an intramural contest:

1. If an intramural participant is bleeding, he/she will be removed from the contest immediately.
2. If an intramural participant has blood on his/her clothing or body, he/she will be removed from the contest upon detection. The blood may or may not be his/her own blood. The participant is ineligible to re-enter the contest until the clothing saturated with blood has been removed.
3. Before any participant re-enters the contest, all bleeding must be stopped and any open wound or laceration must be covered.
CONCUSSION POLICY
Safety of the participants in any Intramural Sports activity is the most important factor to the program. If any participant is suspected of having suffered a possible head injury or concussion the following precautions will be taken.

1. If an intramural participant has hit his/her head will be monitored by the intramural supervisor.
2. If an intramural participant shows any signs of a concussion will be immediately removed from the contest and unable to return to it.
3. A participant removed from a contest due to signs of concussion will not be allowed to re-enter the contest or participate in another contest until he/she has been evaluated by a licensed health care provider has evaluated the individual, and gives a written clearance note to resume activity.
4. The participant must bring that note to the Intramural Coordinator before being allowed to play again in any intramural contest.

EQUIPMENT
In order to protect participants, jewelry is not allowed to be worn during any intramural contest. Jewelry must be removed and not taped over. Exception: Individuals wearing medical alert jewelry will be allowed to participate while wearing jewelry containing necessary information. In such cases, the jewelry should be taped to the skin with the medical information visible.

Casts, splints or body braces made of a hard substance may not be worn unless covered with no less than ½ inch padding. The Intramural Staff reserves the right to rule on the legality of padding.

PROTESTS
Protests are restricted to matters of rule interpretation and player eligibility. Protests concerning judgment calls made by an official will not be recognized or reviewed.

In the case of a protest of a rule interpretation, notification of a protest must be made to a game official at the time of the alleged infraction and prior to the next live ball. The official must hear the words, “I want to protest this contest” from the team captain wishing to protest. At this point, the game will be halted and the protesting team’s captain will complete a protest form. The contest will be completed with the time remaining and the protest will be reviewed the next business day by Recreational Sports Program staff to determine the validity of the protest. Games in which rule interpretation protests are upheld will be replayed from the point of the protest. All rule interpretation protests during the playoffs or in tournament play must be resolved by the Intramural Staff on duty at the game site. The Intramural Sports Program will not assume responsibility, but reserves the right, to verify the eligibility of participants. The participants in the program have the primary responsibility for monitoring player eligibility.

DISCIPLINARY PROCEDURES
All ejected participants will be required to set up a meeting with the Assistant Director of Recreational Sports and will not be permitted to participate in the Intramural Sports Program until such time determined by the Assistant Director of Recreational Sports. Participation in any further intramural sports prior to meeting with the Assistant Director will be looked upon as a
blatant disregard of Intramural Sports Program policies.

Discipline rulings may include, but are not limited to, probation, game/league suspension, lifetime expulsion, exclusion from Campus Recreation facilities and/or Student Conduct Board review. The Intramural Sports Program reserves the right to sanction individuals, teams and organizations.

**Definitions:**

**Abusive language** - any language from a participant or spectator deemed offensive or derogatory by an official or supervisor; not necessarily profanity.

**Attempting to incite a fight/conflict** - baiting, teasing, threatening or intentionally provoking the anger of an opponent, spectator, official or supervisor. These actions may or may not instigate a fight/conflict.

**Physical abuse** - any physical contact by a participant or spectator toward another participant, spectator, official, or supervisor that is deemed inappropriate. Any thrown object constitutes physical abuse (All thrown punches and objects are assumed to have intent to injure).

**Unnecessary roughness** - actions, which are considered threatening to the safety of the participants. These actions are not accepted as part of the “normal” activity of the game.

**Unsportsmanlike conduct** - behavior by a participant or spectator deemed inappropriate by an official or supervisor. These actions are not physical and do not necessarily involve abusive language.

**Use of false identification** - any participant claiming an identity other than him/herself. This may include, but is not limited to, using a false identification card, recording a false name on a score sheet or registration form, verbally informing an official or supervisor the he/she is someone other than him/herself.

**Using illegal player(s)** - a team that has a player that is currently suspended from the Intramural Sports Program or has a player that has already established him/herself as a legal member of another intramural team within the same sport (exception: Co-Rec), or a player that does not currently hold a valid Campus Recreation Membership.

**Sanction Guidelines**
The following guidelines are to be used only when an individual or team is found guilty of one or more of the infractions listed in the Definitions section of this document. The sanctions levied are based on the severity of the act which the individual or team was found guilty.

<table>
<thead>
<tr>
<th>Infraction</th>
<th>Minimum Sanctions</th>
<th>Maximum Sanctions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Abusive language</strong></td>
<td>1 game semester</td>
<td>season year</td>
</tr>
<tr>
<td><strong>Incite fight/conflict</strong></td>
<td>2 games semester</td>
<td>year year</td>
</tr>
<tr>
<td><strong>Physical abuse</strong></td>
<td>season year</td>
<td>indefinitely</td>
</tr>
<tr>
<td><strong>Unnecessary roughness</strong></td>
<td>2 games season</td>
<td>year year(s)</td>
</tr>
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<td></td>
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<td></td>
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<tr>
<td>---------------------</td>
<td>-------</td>
<td>-------</td>
</tr>
<tr>
<td>Unsportsmanlike conduct</td>
<td>1 game</td>
<td>season</td>
</tr>
<tr>
<td>False ID</td>
<td>semester</td>
<td>semester</td>
</tr>
<tr>
<td>Illegal Player</td>
<td>year</td>
<td>year(s)</td>
</tr>
</tbody>
</table>

The Intramural Sports Program reserves the right to levy sanctions for actions not specifically covered in this document. In severe cases, a Team Manager may receive sanctions for team violations. Also, individual actions may affect the status of team sanctions. Ejections from a contest that are not considered to be unsportsmanlike will be dealt with on a case-by-case basis.

**Appeals**

Campus Recreation accepts appeals regarding all disciplinary actions of the Intramural Sports Program. Notice of appeal must be submitted in writing to the Assistant Director of Recreational Sports within three business days of sanctions being applied. The appellant may submit a written statement of his/her position and the individual or group’s reasons in support of the relief requested.

A notice of appeal must contain a statement of:

1. Specific grounds for appeal.
2. Specific relief requested (reversal of the finding of violation(s) of departmental regulations, reduction of sanctions imposed, etc.).
3. Statement of the appellant’s position and reason in support of the relief requested.

The appeal should be limited to:

1. Whether the incident constituted a violation of Campus Recreation or Intramural Sports Program regulations.
2. Whether there had been substantial compliance with authorized procedures.
3. Whether the action taken was authorized.
4. Whether the action taken was warranted under the circumstances.

**AWARDS**

**Champion T-Shirts**

The most significant awards for active participation and success in the Intramural Sports Program are not material. However, to provide participants with a tangible remembrance, an Intramural Champion T-Shirts will be awarded to all individual/dual event winners as well as members of those teams winning the playoff bracket in each division. Note, only members on roster will receive a t-shirt.